RCORP-ETC Region Strategic Plan



Gratitude

This presentation was supported by Grant Number G25RH32484 from the Health Resources and Services Administration (HRSA), of the U.S. Department of Health and Human Services as part of an award totaling \$200,000. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of, nor an endorsement by HRSA, HHS, or the U.S. Government.

RCORP-ETC Strategic Planning Work Group

Co-Facilitators	Dr. Laurie L. Meschke	Debra Schulz & Keith Schulz
	Public Health, University of Tennessee	Rescue 180
Membership	Trent Coffey	Karen Pershing
	STAND Coalition	Metro Drug Coalition
	Melanie Cordell	Janet Ridley
	Tennessee Valley Coalition to End Homelessness	East Tennessee Regional Health Office
	Dr. Amy Hawes	Danielle DuFur Sims
	Knox County Regional Forensic Center	Knoxville Area Project Access
	Dr. Marti S. Head	Judge Duane Slone
	Joint Institute for Biological Sciences, ORNL	Fourth Circuit Court in Tennessee
	Sherry F. Parton	David Whaley
	TN Dept. of Human Services	Child Protective Services
	Betsy Lowe	Tamarra Spalding & Catherine Miller
	Department of Children's Services	UTK Public Health MPH students

RCORP-ETC

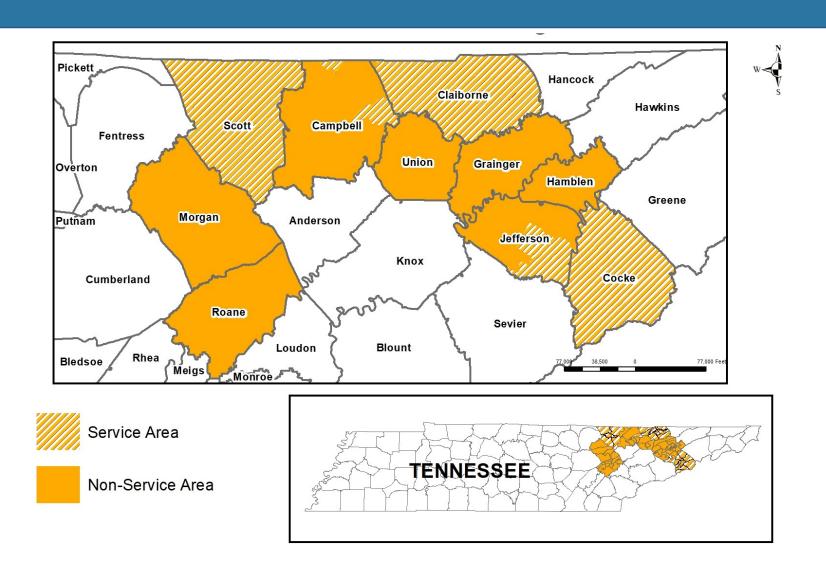
- Rural
- **C**ommunities
- Opioid
- Response
- Program

for

- **E**ast
- <u>T</u>ennessee
- **C**onsortium



RCORP-ETC Region



Prioritization Process

January: RCORP-ETC assessment report identifies OUD-related strengths and challenges

March: Strategic Plan working group prioritizes top 10 issues through discussion

April: RCORP-ETC selects top 3 priorities via factsheets and two prioritization processes

July: RCORP-ETC members adopt responsibilities and set timelines for actions

Note: Factsheets available at https://tnopioid.utk.edu/resources-2/

Agenda

- Review final RCORP-ETC strategic plan
- Provide feedback for each of the three sections

Top 3 Priorities



Mental Health

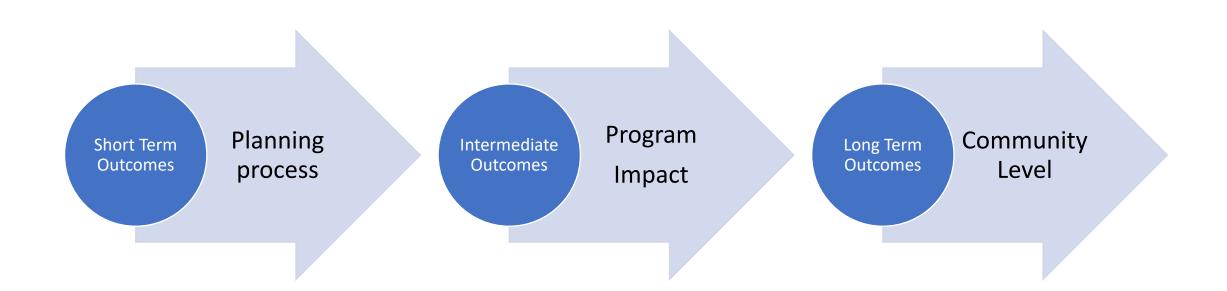


Stigma Reduction



Treatment and Recovery Services

Program Process



Community-Professional Focused

Youth Focused

Decrease the average number of poor mental health days by 20%.



Decrease the percentage of adults reporting 14 or more days of poor mental health per month by 10%.





Reduce percent of adolescents who seriously considered suicide in the last 12 months by 10%.



Reduce percent of adolescents who felt sad or hopeless in the last 12 months by 10%.



Reduce number of child abuse and neglect cases by 10%.

Mental Health Actions

Community-Professional

- Telemedicine
- Mindfulness training for trainers
- Screening, brief intervention, referral to treatment (SBIRT) screening training for healthrelated professionals

Youth

- Youth prevention activities
- Assessment of youth with neonatal abstinence syndrome (NAS)
- Parenting classes for youth, ages
 0-14

Mental Health Action Teams

Community/Professional

- Debra Schultz Rescue 180 Tamarra Spalding - UTK Dept. of PUBH
- Maggie Holland Cherokee Health Systems
- Soghra Jarvandi UT Extension
- Jessica Gardner UT Extension
- Wendy Ford, RN Cocke Co. Health Dept.
- Erica Wilson East TN Regional Health Office

Youth

- Sherry Parton TN Dept. of Human Services
- Bill Walker East TN Local Workforce Board
- Karen Wright TN Child Care Resource and Referral
- Tom Miklusicak TN Dept. of Labor / American Job Center
- Laurie Meschke UTK Dept. of Public Health
- Nan Gaylord UTK College of Nursing
- Jennifer Tourville UTK College of Nursing

Meeting: September 19, 1-2p

Meeting: September 9, 2019, noon-1

Stigma Reduction: Long term outcomes

 By 2025, community members will reduce their reported levels of stigma by 20%



- Digital storytelling
- Intrinsic bias/stigma reduction training for health-related providers
- Train-the trainer training for faithbased communities

Reactions? Feedback?

Stigma Reduction Action Team

- Keith Schultz Rescue 180
- Sharon Davis UTK
- Cameron Taylor TN Dept. of Health
- Skyla Guigou Sevier Co. Health Dept.
- Angie Allen TN Dept of Health: State Office of Rural Health
- Sherri Farmer TN Dept. of Human Services
- Megan Lay UTMC
- Cade Long TDOC Probation and Parole
- Marta Cogburn Celebrate Recovery: FUMC Newport
- Bonnie Morris Celebrate Recovery: FUMC Newport
- Mary Ottinger Rural Medical Services

Meeting: September 19, 2019, noon-1

Treatment & Recovery: Long term outcomes

- By 2025, increase the average number of buprenorphine treatment providers in the RCORP-ETC area by 100% (2.5 to 5.0)
- By 2025, provide MAT to all persons in treatment and recovery as desired



- Medicaid enrollment Assistance
- Medication-assisted treatment (MAT) provider training
- MAT safety net for persons in OUD treatment and recovery

Reactions? Feedback?

Treatment & Recovery Action Team

- Marti Head ORNL
- C. Darlene Ely Dept. of Labor WFS
- Kaisson Carr ReVIDA Recovery
- Cassie Mitchell ReVIDA Recovery
- Scott Hurst TN Dept. of Corrections
- Jason Goodwin Metro Drug Coalition
- Karen Pershing Metro Drug Coalition
- Danielle Sims Knoxville Area Project Access
- Jenny Crowley UTK Communications Dept

Meeting: September 25, 2019, 9-10 am

Next Steps

- HRSA implementation grant supports the completion of many action steps across the three areas (Sept 2019-August 2022)
- Action teams initiate meeting this month
- New members invited to join each team
- Finalize Strategic Plan by Sept 19
- Submit to HRSA by Sept 25
- Strategic Plan will be posted on https://tnopioid.utk.edu/

Contact: Laurie L. Meschke, llmeschke@utk.edu, 865-964-8368

RCORP-ETC Region Work Force Plan

Work Force Group Members

Co-Facilitators	Dr. Pam Hardesty, University of Tennessee College of Nursing	Tom Miklusicak American Job Center
Membership	Angie Allen TN Dept. of Health	Amanda Keller TCAT
	Laura Howard Align 9	Sherry Parton TN Dept of Human Services
	Larry Stanifer Rural Medical Services	Debra Schultz Rescue 180
	Karen Wright Childcare Resources & Referral Network	

Goals from Strategic Plan

Three Major Priorities

- 1. Mental Health
- 2. Stigma Reduction
- 3. Treatment and Recovery Services

Work Force Objectives

- Provide 3 to 5 Coordinators in the RCORP-ETC to lead the following strategies:
- Community Mental Health initiatives
- Telemedicine opportunities
- Recruitment
- University and Community Partnerships/funding
- Policy changes at the state level

Goals

- Increase the number of OUD trained mental health providers through coordinated training opportunities.
- Work with and engage primary care physicians in order to increase the number of primary care physicians with Drug Enforcement Administration waivers.
- Expand the number of Primary providers and paraprofessional providers through recruiting in existing NP and PA programs in East Tennessee and the state, promoting programs such as the National Health Service Corps Substance Abuse Disorder Workforce Loan program, HRSA funded Opioid Workforce Expansion Program, and the USDOL Workforce Innovation and Opportunity Act for funding and supporting training and skill-building programs. Expansion goal is 2% increase of providers over a two-year period.

Objectives Continued

- Work with the UTK Center for Nursing Practice for recruitment of additional NPs, RNs, and case managers to add recovery and training services to the Center.
- Recruit needed trainers from the community health providers and universities for specific programs identified in the strategic objectives to train community leaders for implementation of youth mental health prevention, parenting classes, training associated with OUD-related stigma issues, practitioner buprenorphine education, and best practice in MAT (medication assisted programs) healthcare.

Coordinator Objectives Continued

- Work with UTK for **SBIRT** (Screening, Brief Intervention, and Referral to Treatment) training via HRSA grant.
- Develop and pilot three youth mental health programs.
- Identify **telemedicine programs** and analyze the feasibility of the creation of a telehealth hub with UTHSC as another training opportunity for primary care providers.
- Work with state and local policy makers to remove barriers for NPs and PAs.
- Partner with educational programs such as STEM, East Tennessee universities and colleges to increase the number of mental health providers and retraining of existing healthcare providers.

Coordinator Objectives Continued

- Work with regional healthcare HR sources to provide the RCORP-ETC region evidence-based rural recruitment and retention strategies as well as evidence-based strategies to provide personal and professional support for retention of rural primary care professionals and staff.
- Partner with local universities and colleges to provide community training in OUD stigma reduction to recruit trainers for support groups.
- Look at feasibility/opportunities for funding of additional mobile medical response vehicles.
- Work with providers to become NHSC (National Healthcare Service Corps) approved sites.

RCORP-ETC Region Sustainability Plan

RCORP-ETC Sustainability Plan Work Group

	Dr. Sharon K. Davis, University	J. Stacy Rhodes
Co-Facilitators	of Tennessee College of Nursing	Region II Emergency Medical
		Director's Association
	Cade Long	James Lovett
	Tennessee Department of	Mountain People's Health Councils
	Corrections	
Membership		
	Laura Howard	Mindy Grimm
	Align 9	Union County iCare

Goal: Continue the RCORP-ETC beyond the RCORP Planning grant funding period

- Determine organizational structure and governance of RCORP-ETC
 - Research options for different governance structures
 - Present the governance options to the CMs
 - Vote on new governance structure
 - Ask for volunteers or have members suggest candidates for each position
 - Have candidates create a short bio
 - Vote on leadership
 - Transition consortium materials to new leaders
- Transition to a new Executive Team Structure to implement Project HOPE
 - Hire project manager
 - Determine quarterly meetings for the next 3 years
 - Identify community members to co-lead the RCORP Project HOPE
 - Identify no cost meeting venues
 - Develop a Gantt chart for the implementation grant work plan

Goal: Meet goals of Strategic and Work Force Plans

- Collaborate with the following entities to determine who can provide or help develop resources and activities to meet the goals of the Strategic and Work Force Plans
 - Community resources
 - University of Tennessee Summit for Opioid Addiction and Response (SOAR) network and Center of Nursing Practice
 - Tennessee Department of Health officials
 - HRSA PO and JBS TEL
 - State Legislators

Goal: Communicate Project HOPE activity evaluation measurements

- Develop strategic communication with stakeholders and the public about RCORP-ETC activities and successes.
 - Update social media and website communications
 - Post minutes of the CM on the website
 - Develop relationships with local TV and radio stations who will promote the activities and share successes

Goal: Obtain needed funding to support key activities

- Develop funding strategies to support the consortium and its key goals.
 - Obtain needs list from consortium members
 - Share needs with state officials for identification of possible funding sources
 - Share needs with HRSA PO and JBS TEL for identification of possible funding sources
 - Look at private foundations for appropriate funding for the list
 - Share needs with the faith-based communities
 - Share needs with educational institutions (university and local school boards)
 - Determine in-kind contributions

Goal: Obtain needed funding to support key activities

Regularly scan:

- SAMSHA's funding for targeted grant resources
- SAMSHA's funding for Community Mental Health Services block grants
- Substance Abuse Prevention and Treatment block grants
- State Targeted Response grants
- Partnerships for Success grants
- Office of National Drug Control Policy's Drug-Free Communities grants
- CDC Public Health Crisis Response funding
- State Workforce Investment and Opportunity Act funding
- HRSA's National Health Service Corps designation

Interested in joining the RCORP-ETC??

Please contact Sharon Davis at sdavis93@utk.edu