

TREATMENT CENTERS

Care Connect- Affordable Housing-

No Deposit

PHP/IOP/Outpatient options/MAT

Group & Individual Counseling

Anger Management/ Nurturing Parenting

In-House Yoga Instructor/ Fresh Meals Daily

Bradford- 865-977-2158

Journey Pure- Women's Center- Cassidy Newman: (865)-247-5196,

Dawn White: (865)-207-2008

Insurance/ Amerigroup, BlueCare, & BlueCross BlueShield

Treats Pregnant Women

Call for Assessment

Mirror Lake- (866)-266-4512

Residential Treatment/Partial Hospitalization/Aftercare:

Insurance: Amerigroup, BlueCare, UHC, Humana, ETC.

West Care- 865-234-7030, Roane Co.

SUD Counseling, Trauma related Counseling, Rationale Emotive Behavioral Therapy,

12-Step Facilitation approach, Motivational Interview approach, Anger Management,

Matrix Model, Relapse Prevention

Volunteer Behavioral Health- 423-756-2740, 1-888-756-2740

Chattanooga Area. Safety Net- Medicaid

Specializing in, Co-Occurring Disorders, Crisis Services, and Peer Recovery Services.

Adult and Youth Programs.

Comprehensive Community Services- 423-928-6581

Johnson City (Corporate Office Hours: Mon-Fri 8:30am-5:30pm

Fax:423-928-6215, Johnson City SUD Tx, Mental Health Tx

Cornerstone of Recovery- 877-481-4105

Teresa Fleece Hazel: (865)-309-9380,

Jessica Gupton: (828)-450-0124, (865)-407-2460,

Ann Young, Director of Women's Program: (865)-216-9884

Insurance: All big commercial programs such as, Humana & BlueCross/Bluesheild

Aviation Pilots Program, Ground Crew Program

INPATIENT PROGRAMS, Newcomers, Recovery Renewal, Young Adult, Women's

CAREER SPECIFIC: Aviation, Pilots Program, Ground Crew Program

Flight Attendants Program, Professionals, Dental Professionals, Nurses Program,

Physicians Program, Pharmacists Program, Railroad

OUTPATIENT PROGRAMS: Intensive Outpatient, SLF - Sober Living Facility, A&O,

Medical Detox, Psychiatric Services, Fitness Program, Continuous Care

INTERVENTIONS: Intervention Help, Stage A Successful Intervention,

Things Not to Do During Intervention.

Steppingstones- Rod Jackson, MSSW: (865)- 444-2266

Insurance/ Amerigroup & BlueCare

12-Step based Addiction Treatment Program, Biopsychosocial Model.

Dual-Diagnosis, Individual Counseling, Group Therapy

Center point- (865)-523-4704 Charlie Jones- (865)-405-9516

CADAS-

Russell Mclean, CPRS: (423)-313-9161

Insurance/ All 3rd. Party Insurance, "no Marketplace", All TennCare, "no Medicare"

MAT Program/ (Medication Assistant Treatment & Aftercare)

Additional Numbers: (877)-282-2327 or 756-7644

Adult and Adolescent Program, IOP, Transitional Living,

Day Tx., DUI School, Drug Testing, Medical Detox, & Family Way.

Family Program, Prevention & Training

MAT FACILITIES

Wellness North- Laura Howard LADAC 2 QCS: (865)-466-8577. IOP, PHP, MAT.

ReVida Recovery- Cassie Mitchell- 865-633-0353

Recovery Strategies- (865) 966-3869

Concord Recovery- (865) 985-0371

Addiction Recovery Restoration-

Knoxville Integrated HealthCare-

Recovery Insight- (865)-951-2162

6216 Lonas Drive

KNOXVILLE, TN 37909

HALF-WAY HOUSING

Volunteers for Recovery- Tina Ahren's 865-809-7562

Irongate- Marlana Smart 865-405-6409

Integrity House- 865-249-7106

Step's House- Jody McClurg/Director, 865-573-7152, 865-237-2827

FOCUS Ministries- 865-694-3837

Salvation Army- 865-525-9401

Care Connect- SloanVincil, 865-317-3735 PHP

Never Alone- 615-568-8350, Knoxville

Oxford House- 865-312-9085 www.oxfordhouse.us

Crossroads- 865-521-5662

New Opportunities- Matt Allison- 865-789-8773

E.M. Jelinek- 865-5254627

Buffalo Valley- 1-800+447-2766, Monica Poston

Great Starts- 865-544-5046

New Beginnings- 865-469-6973

C.O.N.N.E.C.T. Ministries, 865-851-8005, fax 865-851-8011

Homeless Citizens Re-entry Initiatives (HCRI)

The Next Steps

Urban Cowboy Restorative Program- Keira A Wyatt- (865) 851-8005

Program is designed to help ex - offenders reintegrate back into the community. Provided is time sensitive, holistic comprehensive support services from collaborating agencies and public safety initiatives for men 18 years old and above that are just released from jail or prison. Offered in this program: job readiness training, case management, in house mentors and life skills, fatherhood classes, housing, mental health, transportation, homework training, small business, and long- term employment.

Fresh Start- (865) 200-1663

4402 Hinton Dr, Knoxville, TN 37921

Community Resource Training Program - CAC

Phone: (865) 544-5200

Fax: (865) 544-5269

Email: windie.wilson@knoxcac.org

Mend House- 865-801-9061

Eagle's Nest- 865-454-0331

TN.gov>dam>documents

RECOVERY RESOURCES

StrongWell- Danielle Brown- 865-722-0919

Knoxville Community StepUp- Phone: (865) 637-7979

Fax: (865) 637-7999

800 S. Gay Street

Suite 2400

Knoxville, TN 37929-9714 Phone: (865) 637-7979

Project Act- 865-525-1540

Hope Center- 865-374-0870

HepConnect- <https://www.hepconnect.com>

Jane Crowe MSSW- Knox Co. Health Dept. Hep C Program Manager: 865-215-5365

fax 865-215-5043

Knoxville Area Urban League- Jackie Robinson: (865)- 524-5511 ext.214

Workforce Services:

Assessments/ Employment Readiness

Computer Training

In- House Job Board

Workforce Counseling & Job Placement

Customer Service Training

Additional Information, Contact:

Bill Myers: (865)-524-5511 ext.215

Tennessee Recovery Alliance- Sara Alese (Harm Reduction) 865-283-4822

Choices Resource Center- 865-483-0099 24 hr. Helpline

STEPTN.org/ 423-265-2273

Harmreduction@chattanoogaCares.ORG

Anonymous Syringe Services-

HandUp For Women- 865-281-3007

Peninsula- | [\(865\) 970-9800](tel:8659709800)

- **Support Groups: Bridges, Compass, Co-Occuring group, Depression/Anxiety group, Diagnostic Issues group, DBT, Women's only group, Family Anonymous, Teen group, New Beginnings, Managing Relationships group, WOWW Club, Treatment Aftercare group.**
- **[Inpatient Services: Adults](#)**
- **[Inpatient Services: Child & Adolescent](#)**
- **[Outpatient Services](#)**
- **[No-cost Services](#)**

Metro Drug Coalition- <https://metrodrug.org/>

The Gateway

Recovery Coaching, YMDC, RX. Task Force, Treatment, Housing, and Lifeline.

Naloxone Resources, Mental Health First Aid, Faith-Based Initiative.

Narcan Training- <https://www.tn.gov/behavioral-health/substance-abuse-services/prevention/prevention/naloxone-training-information.html>

Tennova Behavioral Health Services- (855) 836-6682

Tennessee 2-1-1

Family Justice Center- (865) 521-6336

Knox Co. Health Dept. (865) 215-5500

The University of Tennessee Medical Center- (865) 305-9000

Blount Memorial Hospital- (865) 983-7211

Mountain View Recovery

Positively Living- (865) 525-1540

Samaritan Ministry- (865) 450-1000

A Step Ahead East Tennessee- (901) 320-7837

PREGNANCY RESOURCES

Susannah's House- 865-200-4759

Serving mothers and Prenatally Exposed Infants who are recovering from SUD.

Through Cokesbury UMC

Hands of Hope- 865-588-5550

One on One mentoring program for first time mothers in addiction tx,

or Recovery to help navigate challenges of maintaining sobriety while parenting NAS,

or Drug Exposed baby. Provided by, Metro Drug Coalition.

Pregnancy Help Center- 1-877-990-4673/Christ Charities Service of East Tn.

Children's Emergency Shelter, C.H.A.P. Food Pantry, Counseling, Samaritan Place

Breastfeeding Support- 865-305-9337.

Child and Parenting Skills-

Hope Resource Center-

Healthy Families East Tennessee-

(HUGS)-

WIC-

KCS Parents as Teachers-

Florence Crittenton Agency-

C.H.A.P-

TennCare-

Generous House Knoxville-

In-Home Breastfeeding Assistance-

WIC Breastfeeding peer counselor-

HEALTHCARE SERVICES "Uninsured/low Income Program"

Rescuing Health-

Vine Middle School Health-

Knox Co. Healthcare Program-

Patient Access Network Foundation-

Interfaith Health Clinic-

Cherokee Health Systems-

East Knox. Free Health Clinic-

Satellite Clinic Services-

Teague Clinic-

West Clinic-

Centers of Excellence-

Community Disease Clinic-

Community Health-

Travel/Immunization Clinic-

Social Services-

Womens Health Clinic-

Volunteer Womens Medical Clinic-

Free Medical Clinic of America-

Helen Ross McNabb (Great Starts), 865-246-1100 ext.124

Residential Alcohol and Drug Program for women with children.

Good Times Community Block Party-

Respectacle-

MENTAL HEALTH ASSISTANCE

Mental Health of East TN.-

Helen Ross McNabb Center-

Agape Outreach Homes-
Cherokee Health Systems-
Parkridge Harbor Apartments-
PATH Homeless Program-
Addiction Recovery Center-
Forgiven and Free-
Recovery at Cokesbury-
Cokesbury Counseling Center-
Independent Living Program-
Five Rivers and Horizon Home via Catholic Charities-

PRESCRIPTION ASSISTANCE

Ladies of Charity-
VMC Bush Family Refuge-
Dispensary of Hope UT Medical Center Pharmacy-
CAC
Salvation Army-
St. Vincent de Paul-
CoverRx-
WalMart Pharmacy-
Food City Pharmacy-
AARP "OptumRx"-
Insulin-

DISCOUNT CARD PLANS

[Good rx.com](https://www.goodrx.com)
[Insulin rx.com](https://www.insulinrx.com)
[National Rx Recovery Pharmacy](https://www.nationalrxrecoverypharmacy.com)
[blinkhealth.com](https://www.blinkhealth.com)
[betterrxcard.com](https://www.betterrxcard.com)
[discountdrugnetwork.com](https://www.discountdrugnetwork.com)
[helpix.info](https://www.helpix.info)
[Script Save Well Rx](https://www.scriptsave.com)
[lowestmen.com](https://www.lowestmen.com)

needyeds.org

simplesavingscard.com

insideRX.com

tennesseedrugcard.com

DOMESTIC VIOLENCE ASSISTANCE

Attorney General Office- (Criminal court) 865-215-2515

Orders of Protection- (fourth circuit court) 865-215-2404

Family Violence Helpline- 865-521-6336

Haven House- 865-982-1087 Maryville

Serenity House- 865-971-4673

Family Justice Center- 865-521-6336

CEASE- 1-800-303-2220, Claiborne Co. 423-626-4446, Union Co. 865-992-7969, Hamblen Co. 423-581-7029

YWCA Victim Advocacy Program- 865-523-6126

Sexual Assault Center of East Tennessee- 865-558-9040/Crisis 865-522-7273

KCSO Family Crisis Center- 865-637-8000

Salvation Army- 865-525-9401

The Joy Baker Center- 865-637-8000

Kent C Withers Family Crisis Center- 865-637-8000

Child and Family Transitional Living Program for Women-

Runaway Shelter- 865-523-2689

Domestic Violence Services Transitional Housing- 865-521-5652

KARM- 865-678-8000

OUTREACH

Kevin Perry, City of Knoxville Community Outreach Manager: (865)-215-2589

Katie Valentino/ Regional Outreach BlueCross/ BlueShield- 865-455-4415 or 865-292-3967

Diane Sherrod/ Regional Coordinator for Project Lifeline & Regional Overdose Prev. Specialist- 731-694-3161

Dawn White/ Case Manager, Journey Pure- 865-207-2008

Kelly Shoopman/ Overdose Awareness Campaign Volunteer- 865-203-6512

The Storie House- serves up to five women and four children to provide a safe, sober place to live and intergrade new life skills.

Carmen McIntosh, COR Outreach: (865)-407-2460

Eric Landry- CPRS, RCORP, MDC: (865)-509-0764, Narcan Trainer

Vanessa Spotts- RCORP, Region 3: (423)-255-8551

Dave Hodges- Lifeline Coordinator: (931)-709-1161

Michelle Webster- Peer Recovery Coordinator: Office- 615-741-7693, Cell-615-347-3262, Fax- 615-253-3920

RECOVERY SITES

www.tnvoices.org

MHA (mental health America)-703-684-7722, 800-969-6642

NIDA www.drugabuse.gov

www.samhsa.gov

www.tntogether.com

www.tn.gov> behavioral health

www.taadas.org

Lifeline Peer Project- TN.gov

www.cdc.gov

www.hhs.gov > surgeon general

<https://www.recoverywithinreach.org/About-NAMI>

<https://www.naloxoneforall.org/>

TAADAS (resource for recovery and substance abuse programs and services)

NAADAC (resource for recovery and substance abuse programs and services)

NIDA

CLOTHING ASSISTANCE

Career Closet- 865-524-2786.

Compassion Coalition- (865) 251-1591

Community Chest, 865-971-4417

Furniture Ministry- 865-507-1557

8833 Middlebrook Pike, Knoxville, TN

Free People, (865) 346-2001

Knox County Associates of Baptists, **Project Knox**

(865) 525-9068

KCAB Church Support

Housing or Feeding Out-of-Town Teams:

Our Knox County churches have the opportunity to serve the Project Knox mission teams by preparing meals: one meal,

meals for a day, or meals for a week. Some mission teams on a budget need a church to offer them housing and showers.

The fellowship enjoyed in these partnerships is a special part of this ministry.

Food and Clothing Distribution,

Mentoring of Youth

Community Block Parties

Bible Study and Worship

Fountain City Ministry Center- (865) 688-5000

5364 N Broadway Street

Knoxville, TN 37918

Food Pantry

Visitors are eligible for food once per month.

Clothing Closet

Children's clothing is available for children in 8th grade and younger, and is limited to three outfits per child every four months.

KARM- (865) 521-0770

Family Promise of Knoxville- 8655842822

3545 Middlebrook PikeKnoxvilleTN 37921 USA

Causes: [Homeless & Housing](#), [Homeless Shelters](#), [Housing Expense Reduction Support](#)

Mission: Our mission is to help homeless and low-income families achieve sustainable independence. We recognize that poverty is a multifaceted problem that requires a multifaceted response. We respond by integrating educational outreach, smart programming, effective policies, and the hands-on work of thousands of volunteers. We provide food, shelter, and support services for homeless families. We provide advice and advocacy for at-risk families to prevent their becoming homeless. And we educate people about poverty and the means to combat it.

Results: The numbers as of 12/31/2018 Family Units 237 Family Members 744 Children 433 Children Under 5 182 Average length of stay - 63 Nights Shelter nights 43,200 Meals served 131,739 Successfully obtain safe secure housing - 74.5% Going Home: Staying Home graduates - 58%

Target demographics: families with minor children experiencing homelessness

Direct beneficiaries per year: Twenty two families in shelter; 79 persons including 39 children. An additional 26 families were served in Going Home; Staying Home.

Geographic areas served: Knoxville and surrounding counties

Programs: Provide support and assistance with shelter, food, clothing, and school needs to families with children experiencing homelessness referred to the organization by social service agencies and others in the community. Area congregations partner with us to provide overnight shelter and meals. We offer financial education and credit counseling, nutrition, and family strengthening classes. Through our Going Home; Staying Home program, we serve families who have graduated from shelter into housing for two years. This provides sustainability of housing and real opportunities for a better future.

Lost Sheep Ministry- **Homeless Outreach,**

CONTACT >T: (865) 688-9636 F: (865) 688-2133 E: info@knoxvilledreamcenter.org

1444 Breda Dr. Knoxville, TN 37918

Volunteers of America “Veteran's Assistance”-(865) 524-3926

www.voamid.org

The Love Kitchen- (865)-546-3248

Tuesday: 10:00 AM – 3:00 PM

Wednesday: 10:00 AM – 3:00 PM

Thursday: 10:00 AM – 3:00 PM

Monday: 10:00 AM – 3:00 PM

HOMELESS ASSISTANCE

HOUSEHOLD Assistance/Resources

HOTLINES

TDOC Approved Half-Way Housing

RENTAL ASSISTANCE

Volunteer Ministry Center, 865-673-0235

Angelic Ministries, 865-523-8884

Ladies of Charity, 865-247-5790

Salvation Army, 865-525-9041

CAC, 865-546-3500

Church St UMC Benevolence Team, 865-524-3048

St Vincent de Paul, 865-966-4540

Beacon of Hope, 865-599-5047

Knoxville Catholic Charities, 865-524-9896

Neighborhood Center- Project Help, 865-925-0880

UTILITIES & ENERGY Assistance

KUB/, 865-524-2911

CAC Energy & Community Services, LIHEAP & Project Help, 865-637-6700

VMC, 865-524-3926

United Help & non-utility fuel assistance, 865-247-5790

Salvation Army, 865-525-9401

Church St UMC Benevolence Team, 865-524-3048

St Vincent de Paul, 865-966-4540

Beacon of Hope, 865-599-5047

Knoxville Catholic Charities, 865-524-9896

Neighborhood Center, 865-925-0880

EMPLOYEMENT ASSISTANCE

EDUCATION RESOURCES

Families Free- is a 501(c)3 faith-oriented, community-based organization operating in the Northeast Tennessee region. We provide treatment, education and intervention services to women and families affected by substance abuse, incarceration and domestic instability/trauma informed care/recovery skills groups/intensive case-management/and parenting. Serves women in four local jails-extension.

Knoxville Area Urban League- Jackie Robinson: (865)- 524-5511 ext.214 Workforce Services: Assessments/ Employment Readiness, Computer Training, In- House Job Board Workforce Counseling, & Job Placement, Customer Service training.
Additional information, Contact, Bill Myers: (865)-524-5511 ext.215

Sols Write house, 865-249-8108/ 865-444-9603 Free writing class/ Free computer class Mon. 6:00 p.m. - 8:00 p.m. Adoptive Foster Parent Support and Skills Group/ Melissa Rose, 865-888-5818
Focus: Children 0-5, Group Meetings weekly

Jane Crowe, MSSW- Knox Co. Health Dept. Hep C Program Manager: (865)-215-5365/ Fax: (865)-215-5043

Lori McCarter- LADAC 2 QCS: (865)-705-8601

Laura Howard LADAC 2 QCS: (865)-466-8577

Jason Goodman- Metro Drug Coalition: (865)-321-7107

TNTOGETHER.COM / INFO@TNTTOGETHER.COM

TN REDLINE: 1-800-889-9789

Nurturing Families of East Tennessee/ Dept. Of Children's Services

16 weeks of in-home parenting and education. Children at risk for going into foster care.

TRANSPORTATION RESOURCES

LEGAL ASSISTANCE

Legal Assistance Community law office-

Community Mediation Center-

Knoxville Bar Association Lawyer Referral Service-

Legal Aid of Tennessee

UNIVERSITY of TENNESSEE/College of Law's Legal Clinics- 865-974-2331

www.law.utk.edu

Provides Legal Representation by third year law students under supervision of U.T. school of law. Knox. Co residents only and must meet income guidelines. Mon-Fri. 8:00 a.m.- 5:00 p.m.

Advocacy Care

Appellate Litigation

Expungement

Mediation

Business Law Clinic

Family Mediation Clinic

Non-Profit

Domestic Violence Clinic

Federal Clemency

Trademark

Education Law

Immigration Clinic

Wills

Environmental Law Clinic

Innocence/Wrongful

Externships

Help4TN

www.help4TN.org 1-844-HELP4TN

Coalition of Tn. Legal groups and Memphis based International Paper. Joined forces to fund and operate a toll-free service offering legal info and referrals to low income Tennesseans.

CATHOLIC CHARITIES

DENTAL ASSISTANCE

Volunteer Ministry Center-

Interfaith Health Clinic-

Cherokee Health (Maynardville)-

CAC gift of Sight, Hearing and Dentures

Dental bill assistance

COALITIONS/ SUPPORT SERVICES

CCAHT-

Human trafficking awareness, training, intervention, aftercare.

Office Line- 865-236-1046

Hotline- 865-292-0285 info@ccaht.org (referral calls only)

ASAP of Anderson- 865-457-3007 Provides monthly Narcan Training

The Wash House Laundry Center (Laundry Love)

First Tues of each month/ 3 loads per family/ free food and fun for kids.

Last load @ 7:30 p.m., LaundryLoveKnoxville.com/register

New Beginnings Baptist Church 8518 Thonpson School road. Corryton, TN. 37721

Free Clothes from church Clothes Closet. Open to everyone, every Sat. 9 a.m.- 12:00 p.m.

Winter clothing, jackets, sweaters, and sweatshirts/ babies, childrens, mens & women/ shoes, socks, purses, scarves, etc. No limits and no requirement.

Vision Assistance

East TN. Human Resources Agency Assistance

Harm Reduction

Recovery Navigator

Support Groups

Peninsula Peer Support Academy –

Sevier Co. 865-774-7559

Blount Co. 865-373-8207

Knox Co. 865-374-7148

Cherokee Health Systems-

One on One Peer Wellness Coaching

CDSMP, DSMP, PSMP, New-R Program and Tobacco Free Program

Free Indeed International Ministries-

Theresa Flechter: (865)-209-3542

Serve Women Incarcerated or Newly Released/ Re-Entry Program

Over 50 Employers Felon Friendly

Basic Computer Training/ Ged Preparation

Job Readiness Training/ Life Skills Training

Substance Abuse Education/ Life Skills Training/ Mentors

Parenting Classes/ Social Events

Individual & Group Counseling/ Mentors, transportation

Housing Referrals/ Domestic Violence, Assistance with driving privileges,

Voting rights, and clothing

