

## MAT Friendly Online Meeting Links

<https://www.smartrecovery.org/community/calendar.php>

<https://www.lifering.org/meetings>

<https://www.dailystrength.org/group/suboxone-support-group>

MARC Medication Assisted Recovery Community Group (Facebook Group).

Medication-Assisted Recovery Anonymous – MARA (Facebook Group)

<https://www.ted.com/talks?sort=newest&topics%5B%5D=Addiction>

<https://www.mara-international.org/find-a-meeting>

<https://www.stepchat.com/mobile.htm>

<https://unityrecovery.org/>

<https://intherooms.com/home/>

[Unityrecovery.zoom.us/my/all/recovery](https://unityrecovery.zoom.us/my/all/recovery)

*Smart Recovery is a direct link to the online meetings*

*Life ring is a direct link to online meetings*

*Daily Strength is Suboxone Group Forum link is directed there*

*MARC is a Facebook Support Group for medication assistant treatment*

*MARA is a Facebook Support Group for medication assistant treatment*

*Ted Talks addiction is a website with direct link to topics about addiction and new ideas and topics which surrounds it*

*Sober City- <https://www.sobercity.com/>*

*Offers online support and recovery community*

*Sober grid- <https://www.sobergrid.com/>*

*Offers online platform for mutual support*

*Sober Recovery-* <https://www.soberrecovery.com>

*Provides online forum for those in recovery and their friends and family*

*Reddit Recovery-* <https://www.reddit.com>

*Offers a virtual hangout and support during recovery*

*Refuge Recovery-* <https://bit.ly/refuge-recovery1>

*Offers online and virtual support*

*Soberistas-* <https://soberistas.com/>

*Provides a women-only international online recovery community*

<https://www.addictionpolicy.org/connections-app>

*^ Directly above is an app named Connections. It is a Mobile Recovery App & it is FREE!*



SAFELINK  
APPLICATION.pdf



SAFELINK FLYER.pdf

<https://www.tn.gov/tnfacesofopioids.html>

<https://www.smartrecovery.org/community/>

<https://www.drugabuse.gov/>

<https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preface>

<https://www.drugabuse.gov/related-topics/opioid-overdose-reversal-naloxone-narcan-evzio>

<https://www.recoveryinprogress.org/>

<https://seekhealing.org/>

<https://harmreduction.org/>

<https://www.tn.gov/behavioral-health/my-health-my-choice-my-life.html>



ASAM Additional Resources.html

<https://www.dea.gov/360-strategy-community-outreach>

<https://www.seventyx7.org/>

<https://namitn.org/>

<https://metrodrug.org/get-involved/thegateway/https://www.taadas.org/our-programs-and->

<https://www.drugfreeworld.org/>

<https://www.ted.com/talks?sort=newest&topics%5B%5D=Addiction>

<https://findingmyrecovery.org/>

<https://www.tn.gov/behavioral-health.html>

<https://www.mhaet.com/>

<https://tmhca-tn.org/programs/peer-center/>

<https://www.myrecovery.com/online-meeting/>

<https://www.vtrecoverynetwork.org/peer-recovery-support-services/pathway-guide/>

<https://lac.org/MAT-advocacy/>

[SOCAT@frontierhealth.org](mailto:SOCAT@frontierhealth.org)

[www.womenforrecovery.org/](http://www.womenforrecovery.org/)

<http://www.addictionsurvivors.org/>

<https://www.dailystrength.org/group/suboxone-support-group>

<http://marsproject.org/>

[www.moderation.org/](http://www.moderation.org/)

<https://www.allianceforaddictionsolutions.com/>

<https://www.smartrecovery.org/family/>

<https://sherecovers.com/https://>

<https://facesandvoicesofrecovery.org/>

<https://recoverywithinreach.org/>

<https://borndrugfreetn.com/>

<https://www.tntogether.com/>

## ***HALF-WAY HOUSES***

**Volunteers for Recovery- Tina Ahren's 865-809-7562**

**Irongate- Marlana Smart 865-405-6409**

**Integrity House- 865-249-7106**

**Step's House- Jody McClurg/Director, 865-573-7152, 865-237-2827**

**FOCUS Ministries- 865-694-3837**

**Salvation Army- 865-525-9401**

**Care Connect- SloanVincil, 865-317-3735 PHP**

**Never Alone- 615-568-8350, Knoxville**

**Oxford House- 865-312-9085 [www.oxfordhouse.us](http://www.oxfordhouse.us)**

**Crossroads- 865-521-5662**

**New Opportunities- Matt Allison- 865-789-8773**

**E.M. Jelinek- 865-5254627**

**Buffalo Valley- 1-800+447-2766, Monica Poston**

**Great Starts- 865-544-5046**

**New Beginnings- 865-469-6973**

**C.O.N.N.E.C.T. Ministries, 865-851-8005, fax 865-851-8011**

**Homeless Citizens Re-entry Initiatives (HCRI)**

**The Next Steps**

**Urban Cowboy Restorative Program- Keira A Wyatt- (865) 851-8005**

Program is designed to help ex - offenders reintegrate back into the community. Provided is time sensitive, holistic comprehensive support services from collaborating agencies and public safety initiatives for men 18 years old and above that are just released from jail or prison. Offered in this program: job readiness training, case management, in house mentors and life skills, fatherhood classes, housing, mental health, transportation, homework training, small business, and long- term employment.

**Fresh Start- (865) 200-1663**

**4402 Hinton Dr, Knoxville, TN 37921**

**Community Resource Training Program - CAC**

**Phone: (865) 544-5200**

**Fax: (865) 544-5269**

**Email: [windie.wilson@knoxcac.org](mailto:windie.wilson@knoxcac.org)**

**Mend House- 865-801-9061**

Eagle's Nest- 865-454-0331

TN.gov>dam>documents



TDOC Approved  
Transitional Housing

## NAMI Tennessee's Toll-free Helpline (800) 467-3589

### Member Organization Websites

- [Alliance Healthcare Services](#)
- [Carey Counseling Center, Inc.](#)
- [CMI Healthcare Services, formerly Case Management, Inc.](#)
- [Centerstone](#)
- [Cherokee Health Systems](#)
- [Frontier Health](#)
- [Generations Mental Health Center](#)
- [Helen Ross McNabb Center](#)
- [LifeCare Family Services](#)
- [Lowenstein House](#)
- [Pathways Behavioral Health Services](#)
- [Peninsula - a Division of Parkwest Medical Center](#)
- [Professional Care Services of West TN, Inc.](#)
- [Quinco Mental Health Center](#)
- [Ridgeview Behavioral Health Services](#)
- [Tennessee Mental Health Consumers' Association](#)
- [Tennessee Voices](#)
- [Vanderbilt Community Mental Health Center](#)
- [Volunteer Behavioral Health Care System](#)



Corporate  
Membership Roster.

### Harm Reduction Resources-

Choice Health Network Harm Reduction

**865-208-7356**

[www.choicehealthnetwork.org](http://www.choicehealthnetwork.org)

<https://www.weconnectrecovery.com/free-online-support-meetings>

Download Recovery speakers to listen to:

- [recoveryaudio.org/](http://recoveryaudio.org/)

- <https://xa-speakers.org/>
- [Unity Recovery Virtual Meetings](#)

Helpful mutual aid 3-document starter pack:

[Pod Mapping for Mutual Aid](#) (Rebel Sidney Black)

- [A Neighborly Invitation Regarding Coronavirus](#)
- [Neighborhood Pods How-To](#)



Matters of Substance \_ Drug Policy Alliance.html

## Online Support Group Schedule

(All times listed are **Pacific Time**. We are located in Los Angeles, CA, USA)

Mondays 1:00 pm – 1:30 pm	Start Your Week Mindfully	Live on Instagram: <a href="https://www.instagram.com/relationalcenter/">https://www.instagram.com/relationalcenter/</a>
Mondays 5:00 pm – 6:30 pm	Online Support Group	Zoom Join Link: <a href="https://zoom.us/j/426216836">https://zoom.us/j/426216836</a>
Tuesdays 11:00 am – 12:30 pm	Online Support Group	Zoom Join Link: <a href="https://zoom.us/j/848419874">https://zoom.us/j/848419874</a>
Tuesdays 5:00 pm – 6:30 pm	Making Connections	Zoom Join Link: <a href="https://zoom.us/j/704010681">https://zoom.us/j/704010681</a>
Wednesdays 11:00 am – 11:30 am	Mindfulness & Breath	Zoom Join Link: <a href="https://zoom.us/j/442258187">https://zoom.us/j/442258187</a>

Thursdays  
5:00 pm –  
6:30 pm

Online  
Support  
Group

Zoom Join Link:  
<https://zoom.us/j/697323009>

- From Drug Policy Alliance:
  - [Harm Reduction Coalition: Guidance for People Who Use Drugs and Harm Reduction Programs](#)
  - [Vital Strategies: Practicing Harm Reduction in the COVID-19 Outbreak](#)
  - [The Justice Collaborative: COVID-19 \(Coronavirus\) Response and Resources](#)
  - [Yale Program in Addiction Medicine, Global Health Justice Partnership, and Crackdown: Guidance for People Who Use Substances on COVID-19](#)

<https://healthknowledge.org/>

<https://recoverywithinreach.org/>

<https://www.tntogether.com/>



Lifeline\_Contacts\_2-  
26-20.pdf



Listing-of-Women-  
and-Pregnant-Wom



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AP-21020.pdf



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Resources.docx

<https://www.drugpolicy.org/https://www.tn.gov/tnfacesofopioids.html>

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<https://www.tntogether.com/>

StrongWell



180 Health Partners  
\_ StrongWell – For N

Free Recovery Apps

<https://www.chess.health/download/>

Free Recovery Apps



<https://www.12step.online/>