

## *MILITARY SERVICES*

Military Services offer specialized individual and family therapy for individuals facing mental illness. These services are provided by clinical therapists trained in military culture. These services are free and confidential and available to anyone who has served in the military and/or his or her family members.

Our hope is to serve those who have courageously served our country to guarantee they have access to the resources and support they need to continue healthy and purposeful living.



### *MCNABB CENTER*

The McNabb Center is the region's leading nonprofit provider of mental health, substance use, social and victim services. By focusing on an individual's "Well Mind, Well Being," we provide a quality and compassionate approach to care from infancy through adulthood.

Since 1948, the Center has proudly served individuals with the most needs and fewest resources. Today, the McNabb Center delivers support to more than 30,000 people throughout East Tennessee each year.



### *INDIVIDUALS SERVED*

Services\* are confidential and free for individuals facing:

- Post-Traumatic Stress Disorder (PTSD)
- Depression
- Anxiety
- Co-occurring disorders
- Thoughts of suicide and other invisible wounds incurred from service

\*These services are available to all branches of service, regardless of discharge status or

### *TRAVELING THERAPIST*

The Military Services program has expanded to include a therapist who can see veterans and family members outside of Knox County.

To learn more about this unique service, call (865) 444-2333.

### *CONTACT INFORMATION*

To make a referral or for more information, please call (865) 444-2333

#### **ADDRESS**

3712 Middlebrook Pike  
Knoxville, TN 37921

[mcnabbcenter.org](http://mcnabbcenter.org)