



Department of
**Mental Health &
Substance Abuse Services**

Faith-Based Initiatives

A Paradigm Shift in Addressing Mental Health & Addiction

Impact of Suicide and Substance Abuse in TN

In one year in your state:

- ✓ Over **1800 overdose** deaths
 - The majority of these deaths are due to prescription opioids.

- ✓ Over **1100 suicides**

- ✓ **1090 babies** born with opioid dependence

So, how can you help?



By Nevit Dilmen - <https://commons.wikimedia.org/w/index.php?curid=15746170>

Paradigm Shift: Leveraging the Faith Community

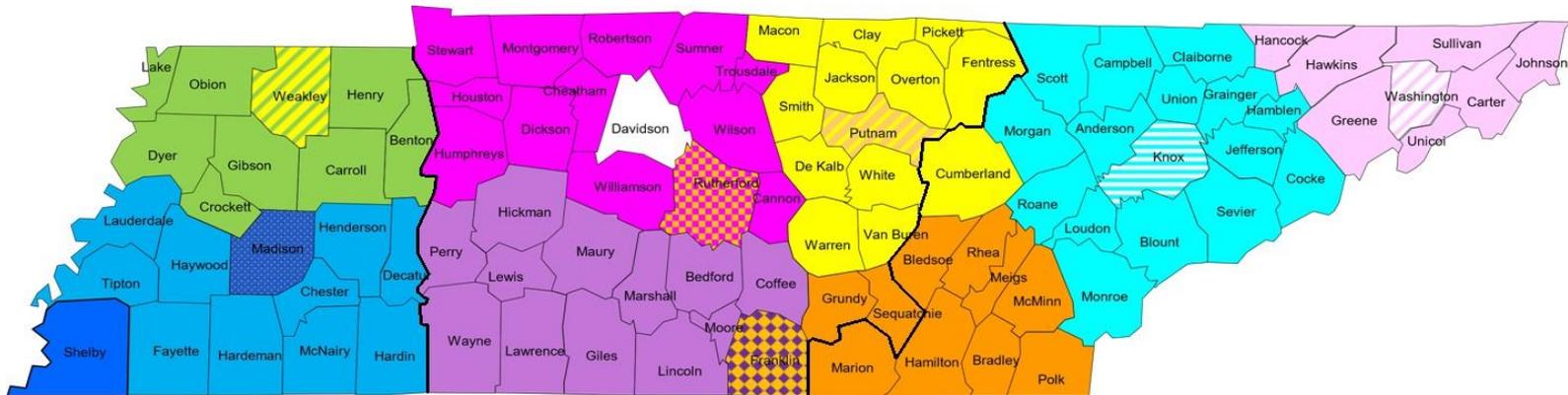
Partnering with Tennessee's Faith Community to effectively reimagine the conversation around Recovery:

- Leveraging established faith organizations to increase capacity for care
 - ✓ Over **12,000 Congregations/Institutions**
 - ✓ Over **3.5 million People**
- The faith community **CAN** help!
 - ✓ In Tennessee there are roughly **2500 people of faith for every one** person lost to suicide or overdose.
 - ✓ That's **2500 chances** to reach out and make a difference.



Faith-Based Community Coordinators

A group of individuals with lived experience responsible for recruiting, training, and recognizing congregations/organizations as Certified Recovery Congregations/Organizations



West Tennessee

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Middle Tennessee

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East Tennessee

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For more info:

<https://www.tn.gov/behavioral-health/substance-abuse-services/faith-based-initiatives.html>

Faith-Based Community Coordinator RESULTS

- 620 Certified Recovery Congregations
- Educational Forums in all 95 Counties
- Increased Awareness of Recovery Support Resources Statewide
- We are a resource for you!



What Faith-Based Community Coordinators Offer

- **Free Training** Opportunities to Empower and Equip Your Ministries
- **Connection to Recovery Resources** and other Community Supports
- Opportunities to **Collaborate with Other** Faith-Based Organizations and Congregations
- Recognition as a Certified Recovery Congregation to **Increase the Impact of Your Ministries**
- We are a resource for you!

Training Opportunities

Suicide Prevention:

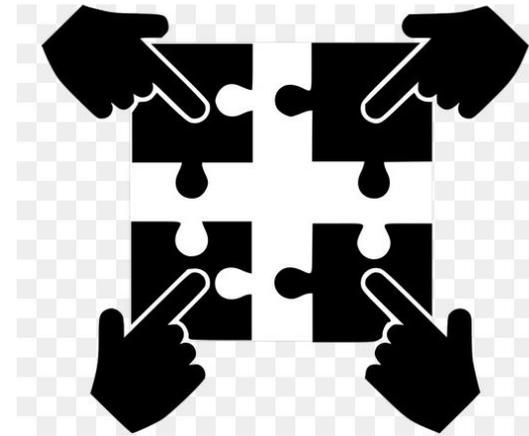


- **Question, Persuade, Refer (QPR)** – A 1-2 hour basic training for suicide prevention covering how to ask someone if they are thinking about suicide, how to persuade the individual to live, and **how to refer** the individual to the appropriate help.
- **Applied Suicide Intervention Skills Training (ASIST)** – A 2-day intensive workshop that provides an understanding on **how to implement a suicide intervention** with individuals who may be having thoughts of suicide and keep the individual safe for now.

Training Opportunities

Adverse Childhood Experiences (ACEs)

- **Trauma Informed Care** – A 1-hour introduction or in-depth 5-hour training covering the effects of trauma and the need to build resilience in children and adults alike. The training **focuses on the importance of community and connection** as well as helps organizations and congregations create a safe place for healing conversations to begin.
- **Building Strong Brains** – A 1 to 3-hour training that aids in building a knowledge around early childhood brain development. The training helps individuals **see how ACEs negatively impact the architecture of the developing brain** but how a safe, stable, and nurturing environment can help a child to thrive.



Training Opportunities

Addiction

- **The Addicted Mind** – A 1-2 hour presentation explaining how addiction affects the brain.
- **Sexual Addiction/Compulsion in the Church** – A 1-hour training that assists congregations in understanding the effects of sexual addiction/ compulsion.
- **Support Group Facilitation** – A 3-day training allowing the congregation to effectively provide support groups to individuals with Substance Use Disorder and affected by Life-Controlling Issues.



The Office of Faith-Based Initiatives Connection

- **Faith-Based Community Coordinators** recruit and build relationships with congregations willing to help guide their members and community to recovery
- **Project Lifeline** connects people with treatment and recovery support resources and serves as a single point of contact for Recovery Congregations seeking to establish support meetings and help others find treatment
- **Tennessee Recovery Navigators** work with Project Lifeline to identify community-based resources including, but not limited to, Recovery Congregations and are stationed in emergency departments to help those who have experienced overdose or drug-related injury
- **Regional Overdose Prevention Specialists** train people to administer Naloxone to prevent overdose deaths
- All four are designed to meet people where they are to encourage long-term recovery

Find YOUR Lifeline!

Lifeline Peer Project Regional Coordinators



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Region 5n

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Questions?



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