

YMDC exists to create positive change around substance misuse & mental health difficulties. In this space, teens can freely discuss the challenges they are facing in their communities.

Teens learn to identify, understand and respond to signs of mental illness & substance misuse among their peers. This program teaches teens the skills to have supportive conversations with their friends & live a life above the influence.

Opportunities include: Professional development, community service hours, potential to receive college scholarship funds and much more!



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