

COURAGE Faith Leaders Overcoming Opioids in the Community (FLOC)



Welcome!



GRANT AND PROGRAM OVERVIEW:

COURAGE: Combating Opioid Use in Rural Appalachia with Grace and Evidence (COURAGE) is a three-year program funded through the Health Resources and Services Administration that will address two overarching goals: (1) prevent opioid use disorder (OUD) with an emphasis on youth and the adults who care for them and (2) enhance OUD treatment and recovery by promoting integrated, interdisciplinary care. The COURAGE service area will include seven rural or partially rural East Tennessee counties: Campbell, Claiborne, Cocke, Grainger, Jefferson, Scott and Union.

East Tennessee has a significant number of faith-based communities that have a strong cultural influence on social structure and individual behaviors. Two community champions, Pastor Kyle Prichard with The Hill Church in Tazewell and Pastor Marta Cogburn with the First United Methodist Church in Newport, will provide hands-on mentorship to leaders of faith-based communities across the three-years of COURAGE. With the support of the COURAGE executive team, the faith-based mentors will develop and facilitate a curriculum and provide mentee oversight throughout the four-month program.

PROGRAM ACTIVITIES AND REQUIREMENTS:

This is a tentative syllabus and is subject to change based on speaker availability and the needs of the participants.

MONTH 1

Group Training, Day 1

March 23, 2023, 10:00 a.m.–3:30 p.m. EST

First United Methodist Church, 212 Washington Avenue, Newport, TN 37821

TIME	SESSION TOPIC	SPEAKER
10:00 a.m.	Welcome and Opening	Mayor Roland Dykes
	Program Overview	Dr. Jennifer Tourville
	First United Methodist Church Recovery Congregation	Pastor Marta Cogburn
	Connecting Spirituality to Opioid Prevention in Our Communities	Dr. Monty Burks
11:00 a.m.	Science of Addiction	Dr. Stephen Loyd
12:00 p.m.	Break	
12:15 p.m.	Adverse Childhood Experiences: Trauma Informed Approach to Recovery	Pastor Marta Cogburn
1:15 p.m.	Lunch	
1:45 p.m.	Reducing Stigma Through Language	Dr. Jennifer Tourville
2:15 p.m.	Testimony	First United Methodist Congregant
2:45 p.m.	Break	
3:00 p.m.	Connecting to Community Resources	Ashlee Crouse
3:30 p.m.	Wrap-up	Dr. Jennifer Tourville

Additional tasks for mentees and mentors in Month 1:

- Program overview and pre-program evaluation
- Review of books and materials
- Biweekly check-ins with mentor
- Attend one recovery meeting with mentor
- Connect with local prevention coalition with mentor

MONTH 2

Group training, Day 2

April 27, 2023, 10:00 a.m.–3:00 p.m. EST

The Hill Church, 1216 Cedar Fork Rd, Tazewell, TN 37879

TIME	SESSION TOPIC	SPEAKER
10:00 a.m.	Welcome and Opening	Mayor Joe Brooks
	First United Methodist Church Recovery Congregation	Pastor Kyle Prichard
10:30 a.m.	Introduction to Motivational Interviewing	Dr. Brian Winbigler
11:30 a.m.	Break	
11:45 a.m.	Narcan Training	Dr. Brian Winbigler
12:15 p.m.	Lunch	
12:45 p.m.	Testimony	First United Methodist Church Congregant
1:15 p.m.	Harm Reduction Concepts and Strategies	Pastor Joe Hoffman
2:15 p.m.	Break	
2:30 p.m.	Connecting Spirituality to Opioid Prevention in Our Communities II	Dr. Monty Burks
3:00 p.m.	Wrap-up	Dr. Jennifer Tourville

Additional tasks for mentors and mentees in Month 2:

- Biweekly check-ins with mentor
- Attend one recovery meeting with mentor

MONTH 3

- Biweekly check-ins with mentees
- Recovery Coach Training (four days)

MONTH 4

- Biweekly check-ins with mentees
- Develop written action plan for the mentee's congregation
- Volunteer at a harm reduction program for a two-hour shift with mentor
- Exit interview and post evaluation

INCENTIVE:

Faith leaders who fulfill all requirements of the mentoring program will receive a \$500 stipend.

ADDITIONAL FAITH COMMUNITY ONGOING SUPPORT:

An annual open summit will be held within the grant area for faith communities to learn more about OUD.

PROGRAM OBJECTIVES:

- Faith leaders in rural East Tennessee will learn relevant definitions and how substance use disorder/opioid use disorder (SUD/OUD) impacts individuals and their communities .
- Faith leaders will be able to identify and address their own values and attitudes around SUD/OUD.
- Faith leaders will enhance their knowledge of the impact of SUD/OUD on spiritual development and the relevance of spirituality to recovery efforts.
- Faith leaders will gain knowledge of compassionate and caring ways to offer support to people who use drugs (PWUD) and their families.
- Faith leaders will understand the importance of early intervention for PWUD.
- Faith leaders will identify community resources to support PWUD and their families.
- **Faith leaders will feel more confident in guiding their congregation to become a welcoming and affirming place for PWUD and their families.**

COMPETENCIES:

The above objectives have been adapted from the 2003 Substance Abuse and Mental Health Services Administration (SAMHSA) [Core Competencies for Clergy and Other Pastoral Ministers in Addressing Alcohol and Drug Dependence and the Impact on Family Members](#) to reflect current terminology. These competencies were developed as a specific guide to the core knowledge, attitudes and skills essential to the ability of clergy and pastoral ministers to meet the needs of people who use drugs and their family members.

FAITH LEADER MENTORS:



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